

Miss Fit Artarmon Decadence Studio

Term 5 2019 Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Teens Lyra Camilla 4.00 pm	Kids Aerial Gym Camilla 4.00 pm	Teens Pole Fitness Miss Fit 4.00 pm	Kids Aerial Gym Miss Fit 4.00 pm		10.00 am 4* Chorie Eva
Kids Aerial Gym Camilla 5.00 pm	Teens Lyra Natasha 5.00 pm	Kids Aerial Gym Miss Fit 5.00 pm	Teens Pole Fitness Miss Fit 5.00 pm		11.00 am 5* Chorie Eva
Aerial Fitness John 6.00 pm	2* Fundamentals Krystal 6.30pm	1* Beginners Pole Miss Fit 6.30 pm	2* Chorie Grey Ace 6.30 pm	Aerial Yoga Miss Fit 6.00 pm	1.30 pm Lyra 1 Beginner Monique
5* Fundamentals Eva 7.00 pm	Abs & Ass Krystal 7.30 pm	Aerial Yoga Miss Fit 7.30 pm	2* Fundamentals Grey Ace 7.30 pm	2* Fundamentals Piper 7.30 pm	2.30 pm Lyrography Monique
		Lyra 1 Amelia 8.30 pm	1* Beginners Pole Grey Ace 8.30 pm		3.30 pm Open Prac Pole & Aerial

Miss Fit Artarmon Hollywood Room

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		5.30 pm Open Prac Pole & Aerial			
1* Beginners Pole Grey Ace 6.30pm		Dance with Dre AnDre 6.30 pm	4* Fundamentals Carla 6.30 pm		
3* Fundamentals Grey Ace 7.30 pm	Lyra 2 Natasha 7.30 pm	Bendy Babes AnDre 7.30 pm	FULL 7.30 pm Dance with Carla Carla		
FULL 8.30 pm 3* Chorie Grey Ace			3* Fundamentals Carla 8.30pm		

Pole Classes
 Fitness Classes
 Kids Classes
 Aerial Classes
 Dance Classes

Week 1 starts Monday Aug 26
Week 8 starts Monday Oct 14
Term 6 2019 Starts Monday Oct 21