

# Miss Fit Artarmon Decadence Studio

## Term 4 2020 Timetable



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aerial Fitness Camilla 10.20am		Aerial Fitness Camilla 10.20am			Aerial Fitness Miss Fit 9.00 am
Beginners Pole Camilla 11.30 am		Beginners Pole Camilla 11.30 am			Lyra 2 Monique 10.30 am
Pole Play Alla Levels Camilla 11.30 am		Lyra Play Camilla 12.40pm			Lyra 3 Monique 11.40 am
Lyra Play Camilla 12.40pm					Lyra 1 Beginner Monique 12.50 pm
Teens Lyra Camilla 3.45 pm					<b>3.00 pm Open Prac Pole &amp; Aerial</b>
Kids Aerial Gym (9-12 years) Camilla 4.50 pm	Kids Aerial Gym (5-8 years) Camilla 4.00 pm	Kids Aerial Gym (5-8 years) Camilla 4.00 pm	Kids Aerial Gym (5-8 years) Camilla 4.00 pm	Teen Pole Miss Fit 3.50 pm	
	Teens Lyra Camilla 5.00 pm	Kids Aerial Gym (9-12 years) Camilla 5.00 pm	Kids Aerial Gym (9-12 years) Camilla 5.00 pm		
		<b>5.00 pm Open Prac Pole &amp; Aerial</b>			
Aerial Fitness John 6.00 pm	2* Chorie Jacinta 6.00 pm	Lyra 1 Beginner Aerial Hoop John 6.00pm	Lyra 1 Beginner Aerial Hoop Camilla 6.20pm	Aerial Yoga Miss Fit 6.10 pm	
			Lyra 2 Camilla 6.20pm		
Dance with Carla Carla 7.10 pm	Dance with J Jacinta 7.10 pm	Lyrography John 7.10 pm	3* Fundamentals Grey Ace 7.30 pm		
			1 STAR Beginner Pole Grey Ace 8.40 pm		
5* Chorie Carla 8.20 pm	3* Chorie Jacinta 8.20 pm	Lyra 2 John 8.20 pm			

### Miss Fit Artarmon Hollywood Room

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>5.00 pm Open Prac Pole &amp; Aerial</b>	<b>8.40 pm Open Prac Pole &amp; Aerial</b>		<b>5.00 pm Open Prac Pole &amp; Aerial</b>	<b>5.00 pm Open Prac Pole &amp; Aerial</b>	2* Fundamentals Miss Fit 10.30 am
FaST LIVESTREAM Miss Fit 5.00pm		Bendy Babes LIVESTREAM Miss Fit 5.00pm	Bendy Babes LIVESTREAM Miss Fit 5.00 pm		1* Beginners Pole Miss Fit 11.40am
2* Choreography Eva 6.20pm	4 * Choreography Eva 6.20pm	1* Beginners Pole Grey Ace 6.20pm	6* Fundamentals Carla 6.00pm		
3* Fundamentals Eva 7.30 pm	Dance with Eva Eva 7.30 pm	2* Fundamentals Grey Ace 7.30pm	5* Fundamentals Carla 7.40pm		
4 * Fundamentals Eva 8.40pm	1* Beginners Pole Eva 8.40pm	3* Chori Grey Ace 8.40pm			

**Legend**

Pole Classes	
Fitness Classes	
Kids Classes	
Aerial Classes	
Dance Classes	

Week 1 Term 4 start Monday 21st Sep  
 Week 8 Term 4 start Monday 9th Nov  
 Week 1 Term 5 start Monday 16th Nov