



Miss Fit Dance Studio Term 4 2020 Timetable Taster, Livestream and Practice Artarmon Studio

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10.20 am Aerial Yoga Sling Taster Cam		10.20 am Aerial Yoga Sling Taster Cam			9.00 am Aerial Yoga Sling Taster Miss Fit
11.30 am Pole Taster Cam		11.30 am Pole Taster Cam			11.40 am Pole Taster Miss Fit
5.00 pm Open Prac Pole & Aerial		5.00 pm Open Prac Pole & Aerial	5.00 pm Open Prac Pole & Aerial	5.00 pm Open Prac Pole & Aerial	12.50 pm Lyra Taster Monique
5.00pm FaST Livestream Miss Fit					2.00 pm Open Prac Pole & Aerial
6.00 pm Aerial Fitness Sling Taster John		6.00pm Bendy Babes LIVESTREAM Miss Fit		6.00pm Bendy Babes LIVESTREAM Miss Fit	
		6.00 pm Lyra Taster John	6.20 pm Lyra Taster Cam		
	8.40 pm Pole Taster Eva				
	8.40 pm Open Prac Pole & Aerial				

LEGEND

21st Sept Week 1 Term 4 start Monday
9th Nov Week 8 Term 4 start Monday
16th Nov Week 1 Term 5 start Monday

Live Stream	
Practice Time	
Pole Taster Class	
Lyra Taster Class	
Sling Taster Class	

Castle Hill Studio

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9.00 am Pole Taster Jacinta
	11.10 am Pole Taster Angel			10.00 am Pole Taster Angel	
				11.10 am Aerial Fitness Sling Taster Angel	2.00 pm Open Prac Pole and Aerial
5.00pm FaST LIVESTREAM Miss Fit	5.00 pm Open Prac Pole & Aerial	5.00 pm Open Prac Pole and Aerial	5.00 pm Open Prac Pole	5.00 pm Open Prac Pole	2.00 pm Lyra Taster John
5.00 pm Open Prac Pole					
6.00 pm Pole Taster Miss Fit		6.00pm Bendy Babes LIVESTREAM Miss Fit	6.00 pm Lyra Taster Monique	6.00 pm Bendy Babes LIVESTREAM Miss Fit	
	8.20 pm Pole Taster Miss Fit			6.10 pm Aerial Yoga Sling Taster John	