

Miss Fit Tower (Upstairs) Studio Castle Hill

Term 4 2021 Timetable



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9.00am 2* Fundamentals Gemma
					10.10 am 3* Fundamentals Gemma
					10.10 am 4* Fundamentals Gemma
					11.20 am 1* Beginners Pole Gemma
					11.30 am Open Prac Pole
5.00 pm Open Prac Pole				5.00 pm Open Prac Pole	
6.00 pm 1* Beginners Pole Miss Fit	6.00 pm 1* Beginners Pole Gemma	6.00 pm 2* Fundamentals Kayt	6.00 pm 3* Fundamentals Angel	6.00 pm 2* Choreography Sammy C	
7.10 pm 2* Fundamentals Miss Fit	7.10 pm CLASS FULL 4* Fundamentals Miss Fit	7.10 pm 3* Choreography Kayt	7.10 pm CLASS FULL 4* Fundamentals Jacinta	7.10 pm 1* Beginners Pole Sammy C	
8.20 pm 3* Fundamentals Miss Fit	8.20pm 2* Fundamentals Miss Fit	8.20 pm 3* Fundamentals Kayt	8.20 pm 3* Choreography Jacinta	7.30pm Dance with Sammy - 90mins Workshops (not weekly class) Sammy C	
8.20 pm 4* Fundamentals Miss Fit					

Week 1 Term 4 start Monday October 18 2021
 Week 8 Term 4 start Monday December 6 2021
 Week 1 Term 1 2022 start Monday January 10 2022

The Big Top Studio Castle Hill

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8.50 am Aerial Fitness 1 John
	9.50 am 3* Fundamentals Angel			10.00 am Pole Play - All levels Angel	10.00 am CLASS FULL Aerial Fitness 2 John
				11.10 am Aerial Fitness 1 Angel	11.20 am CLASS FULL Lyra 2 John Lyra 3 John
12.15 pm Lyra 1 Angel			12.30 pm Mums & Bub Pole Sammy C		12.30 pm CLASS FULL Lyra 1 / Lyra 2 John
					1.30 pm Open Prac Pole and Aerial
				4.00 pm Teen Lyra John	
	5.00 pm Teens Pole Fitness Miss Fit				
	5.00 pm Open Prac Pole and Aerial	5.00 pm Open Prac Pole and Aerial	5.00 pm Open Prac Pole and Aerial		
5.30 pm 6* Fundamentals Grey Ace	6.00 pm Lyra 1 Miss Fit	6.00 pm Advanced Choreography Grey Ace	6.00 pm Dance with J Jacinta	6.10 pm Aerial Yoga John	
7.10 pm 4* Choreography Grey Ace	7.10 pm 5* Fundamentals Gemma	7.20pm Bendy Babes Grey Ace	7.10 pm CLASS FULL Lyra 2 Monique		
8.20 pm 5* Fundamentals Grey Ace	8.30 pm CLASS FULL Aerial Dance Gemma	8.20pm 2* Choreography Grey Ace	8.10 pm Lyra 3 Monique		

LEGEND

Pole Classes	Green
Fitness Classes	Blue
Kids Classes	Grey
Aerial Classes	Orange
Dance Classes	Red
Open Practice	Yellow